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portion in combination forming an internal opening, said front body portion having an upper waist section and a lower crotch attachment section, said rear body portion having an upper waist section and a lower crotch attachment section, said lower crotch attachment section of said front body portion being fixedly attached to each said first end, said lower crotch attachment section of said rear body portion being fixedly attached to each said second end, said front body portion having a first side section and a second side section, said rear body portion having a first side section and a second side section, said first side section of said front body portion being fixedly attached to said first side section of said rear body portion, and said second side section of said front body portion being fixedly attached to said second side section of said rear body portion,

whereby:

each said portion in combination form a sanitary undergarment which is in the shape of a panty, with said panty having said internal opening between each said crotch portion.

4. A sanitary undergarment and absorbent pad in combination comprising: a front body portion; a rear

body portion; an external crotch portion; an internal crotch portion; and an absorbent pad; said external crotch portion and said internal crotch portion being of the same shape and size, said external crotch portion having a first end and a second end, said internal crotch portion having a first end and a second end, said first end of said external crotch portion being fixedly attached to said first end of said internal crotch portion, said second end of said external crotch portion being fixedly attached to said second end of said internal crotch portion, said external crotch portion and said internal crotch portion in combination forming an internal opening, said front body portion having an upper waist section and a lower crotch attachment section, said rear body portion having an upper waist section and a lower crotch attachment section, said lower crotch attachment section of said front body portion being fixedly attached to each said first end, said lower crotch attachment section of said rear body portion being fixedly attached to each said second end, said front body portion having a first side section and a second side section, said rear body portion having a first side section and a second side section, said first side

section of said front body portion being fixedly attached to said first side section of said rear body portion, and said second side section of said front body portion being fixedly attached to said second side section of said rear body portion, said internal crotch portion having a top surface and a bottom surface, said absorbent pad comprising: a top surface; a bottom surface; a first lateral wing extension; and a second lateral wing extension; each said extension being opposed to each other, said bottom surface of said absorbent pad having an adhesively attached removable strip, said first lateral wing extension having a bottom surface, said second lateral wing extension having a bottom surface, said bottom surface of said first lateral wing extension having an adhesively attached removable strip, said bottom surface of said second lateral wing extension having an adhesively attached removable strip,

whereby:

when each said removable strip is removed then said bottom surface of said absorbent pad can be positioned onto said top surface of said internal crotch portion and held in a secure manner by adhesive, with each said lateral wing extension

then being folded and inserted into said internal opening,

whereby:

said bottom surface of each said lateral wing extension is adhesively secured onto said bottom surface of said internal crotch portion.

add
A, 7

add
B, 7

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